

ABSTRACT OF THE DISCLOSURE

An optical disc is disclosed, having tracks formed in a spiral shape or a concentric circle shape, each of the tracks being radially divided into a plurality of zones, data being recorded and / or reproduced at different angular velocities in the individual zones in such a manner that the angular velocity in the same zone is the same, wherein a buffer area is formed at a zone boundary, and wherein at least one pit portion is formed in the buffer area so that the pit portion is almost radially adjacent to a pit portion of a zone on the inner periphery side and a pit portion of a zone on the outer periphery side.